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Analytical Hypnotherapy Principles and Practice

Beginning with an introduction, a foundation, techniques, and applications of hypnotherapy, this book reviews the history and development of hypnotherapy, with particular emphasis on the work of Milton H. Erickson, a prominent hypnotherapist. The book includes a discussion of the principles and techniques of hypnotherapy, with a focus on its use in therapeutic settings. The book also covers the ethical considerations and legal implications of hypnotherapy, and provides case studies and examples to illustrate the application of hypnotherapy in clinical practice.